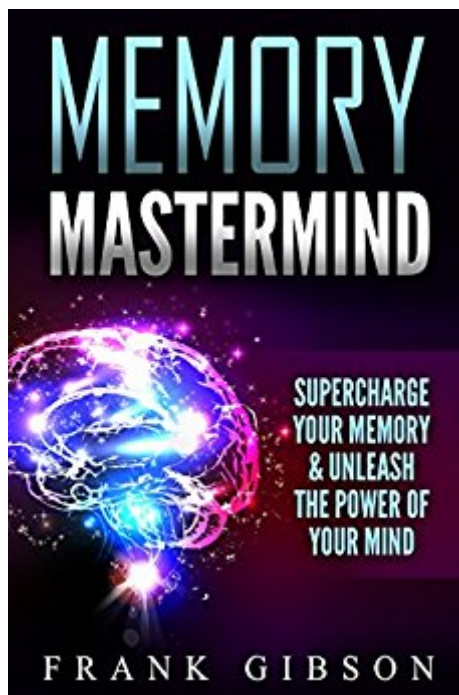


The book was found

Memory: Mastermind - Supercharge Your Memory & Unleash The Power Of Your Mind To Maximize Productivity, Focus & Intelligence



Synopsis

...LIMITED TIME BONUS... - FREE Speed Reading Course Included Inside This Book
Supercharge Your Memory & Unleash The Power Of Your Mind! Are you ready to become a Memory Mastermind? Our dependency on modern technology has weakened the memory of the general population. We no longer rely on our own faculties to remember much, we simply pick up our smartphones, tablets or laptops and Google it. We no longer feel any need to remember directions when we have GPS navigation at our fingertips. What need is there to remember the recipe your friend used at last week's dinner party when she can just email it to you? Many people can't even remember their own phone number, they have to pull out their phone and look it up! Your memory is a faculty that needs to be looked after and trained much like your muscles. The more you use it, the stronger and more powerful it becomes. By the time you finish reading this book you will be ready to use your supercharged memory and mind to: Memorize anything, from large lists to 25,000 word poems, in the fastest, most effective ways. Learn faster! Improve your concentration! Sharpen your focus! Increase your intelligence! Become more confident! And many other benefits you will notice as you continue to practice the principles in this book... Download Your Copy TODAY!

Book Information

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Customer Reviews

This book contains lots of great conventional (and unconventional) methods of learning to memorize vast amounts of information and even goes as far as listing exercises for when recalling information for things like contests or just exams. It uses a broad range of methods to train your mind, including the generic memory exercises such as mnemonics, chunking etc, and less direct methods such as the optimal nutrition, and life changes such as sleeping patterns and habits such as meditation. I learnt a good amount of new info in the book such as using eye movements to memorize various fields of information. This is a very thorough and valuable book for anyone who wishes to train their memory.

All of us have powerful mind. Some use it a lot while others are having trouble to utilize its potential. This book will help you expand your memory's capacity in dealing things and get smarter. There are tricks provided which will help you become more focused and that will increase your intelligence.

In this book, you'll learn how the world's best memory masters get themselves to concentrate at will, anytime they want. When you can easily focus and concentrate on the task at hand, and store and recall useful information, you can easily double your productivity and eliminate wasted time, stress and mistakes at work. The book is very well written with exercise and examples of different techniques that help guide you all along the way. This is not all; discover memory tricks and activities that improve your memory and make it easy for you to learn new information quickly. This is not just a memory improvement guide, it also contains essential information to help you have a speed reading.

The book alternates between analyzing the deductive prowess of Sherlock Holmes and explaining current research in cognitive psychology, but the switch between the two is sometimes jarring. There isn't a fluid amalgamation of the two. Furthermore, it struggles to be an elaborate analysis of Holmes' deductive reasoning, with latter chapters reframing concepts from earlier ones. The content is sophisticated but presented on a level that's simple to follow and understand. This book has been a great inspiration for me to take on and conquer my dreams and passions. This is a great read for everyone!

The quality of our memories also determines the quality of our lives and that is the reason why we should train our brain as any other muscle in our body. Maybe technology has made a great impact to our everyday usage of memory and this book helped me understand how it works and how to empower it. It contains numerous techniques and games that if you adopt any of them you might be able to learn faster and become more productive. I really enjoyed the part with the Memory Diets and Nutrients. I recommend it to anyone who needs to boost their memory.

I was asked by the author to share my honest thoughts about this book. After reading it, i can honestly say that this is a high quality book. This book talks about: Easy tricks to Make Memorization Easier, Mastering Recollection Using Mnemonic Devices, Quick Fixes for Rusty Memory, Memory Mastermind Diets and Nutrients, Lifestyle Changes for Better Memory, Habits That Sharpen the Memory, and much much more!As you can see, this book can really help you with using you mind and memory more efficiently to improve your day-to-day life and to be a more awesome human being in general, so i really recommend this book!

I really find it fascinating that we only use so little of our brain power and that we have a huge amount of untapped potential that we rarely get to discover. I tried some of the mental exercises within the book upon reading through the instructions and they were very easy to master. For someone like me, who is struggling somewhat with my short-term memory, this book will be very useful for me. It gives me a clear picture of what are the vitamins I need to load on and what I can do to enhance my memory. I highly recommend this book to all the people who want to improve their memory.

This is certainly a very helpful book Iâ™ve read. Lately, I feel like my memory capacity as well as my concentration has diminished a bit. Thatâ™s why, stumbling upon this book really is a blessing for me. The methods found in this guide are truly effective when it comes to improving the ability of a personâ™s mind. Iâ™m absolutely thankful for having this since Iâ™ve learned a lot, which can help in my personal development.

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